

Free Pet Loss Support

Thank you for reaching out to Maricopa County Animal Care and Control (MCACC) for resources to help keep your beloved pet(s) as part of your family. Responsible pet ownership is a community issue that requires community support. While MCACC provides resources and contact information in the spirit of helpfulness, they are not endorsements. Our community has hundreds of organizations that may have merit and could provide assistance to you and your pet(s) in a time of need. These organizations do not provide MCACC with updated information. Please contact each resource directly to determine if they will be able to meet your needs.

Arizona Pet Loss Support

Companion Animal Association of Arizona

Phone: 602-530-6970

Address: 1510 E Flower St., Phoenix, AZ 85014

Information: Support group for grieving animal lovers. See website for meeting details.

<http://www.caaainc.org/pet-grief-support.html>

Hospice of the Valley

Phone: 602-636-5390

Information: Virtual grief support group for the loss of a pet. See website for meeting details.

<https://hov.org/our-care/grief-support/grief-support-groups/>

Humane Society of Tucson

Information: Provides support guides for families coping with the loss of a companion animal.

<https://www.lastingpawspetmemorial.com/grief-support/>

Jessica Holton, PLLC

Email: provider@jessicaholton.com

Information: Please contact Jessica Holton, MSW, LCSW, LCAS if you are interested in attending.

Participants must be physically located in North Carolina or Arizona due to licensure laws.

<https://www.jessicaholton.com/pet-grief-loss-support-group>

Pet Loss Helplines

Chicago Veterinary Medical Association Pet Loss Helpline

Phone: 630-325-1600

Email: linda@drlindaharper.com

Information: Offers a free pet loss helpline and virtual pet loss support group.

<https://www.chicagovma.org/pet-loss-support/>

Cornell University Pet Loss Support Helpline

Phone: 607-218-7457

Information: See website for helpline hours.

<https://www.vet.cornell.edu/impact/community-impact/pet-loss-support-hotline>

Tufts University Pet Loss Support Hotline

Phone: 508-839-7966

<https://vet.tufts.edu/pet-loss-support-hotline>

Winnipeg Humane Society Pet Loss & Grief Support Line

Phone: 204-988-8804

<https://winnipeghumanesociety.ca/your-family-pet/pet-loss-grief-support/>

Virtual Pet Loss Support Groups

Association for Pet Loss and Bereavement Chat Room and Video Support Group

Information: Offers a grief chat room and video support group. See website for details.

<https://www.aplb.org/chat-with-us/>

Berkeley Humane Pet Loss Support Group

Phone: 510-393-1359

Information: Meetings offered monthly. See website for details.

<https://berkeleyhumane.org/community-resources/>



DoveLewis Virtual Pet Loss Support Group

Email: petloss@dovelewis.org
Information: Offers virtual pet loss support meetings through Zoom. Register for the group online.
<https://www.dovelewis.org/community/events?type=236>

Friends of the Alameda Animal Shelter Pet Loss Support Group

Email: suzanne@suzannehayne.com
Information: Monthly support meetings, see website for details.
<https://www.alamedaanimalshelter.org/resources/pet-loss-support-group.html>

Humane Society of Silicon Valley Companion Animal Loss Support

Phone: 650-771-2707
Email: vickioliveriomft@gmail.com
Information: Meetings are held on the first Tuesday of the month via video conference. See website for additional details.
<https://www.hssv.org/services/end-of-life-resources/#:~:text=LOSS%20SUPPORT%20GROUP-,Meetings,-When%3A%20First>

Lap of Love Pet Loss Support Group

Information: Offers virtual pet loss support groups. Sign up online.
<https://www.lapoflove.com/our-services/pet-loss-support>

Marin Humane Pet Loss Support Group

Phone: 415-444-9205
Information: Hosts monthly meetings facilitated by a credentialed grief counselor. Pre-register by phone.
<https://marinhumane.org/get-help/pet-loss/>

Michigan State University College of Veterinary Medicine Pet Loss Support Group

Phone: 646-876-9923
Email: vsw@msu.edu
Information: See website for meeting times and required consent form.
<https://cvm.msu.edu/hospital/services/social-work/pet-loss-support-group>

Peninsula Humane Society & SPCA Pet Loss Support Group

Phone: 650-340-7022
Email: bprobst@phs-sPCA.org
Information: Hosts monthly virtual meetings. Join Zoom meeting via website.
<https://phs-sPCA.org/grief/>

Rainbow Bridge Pet Loss Grief Center

Information: Offers a pet loss forum and chat room via their website.
https://www.rainbowsbridge.com/grief_support_center/grief_support_home.htm

Redwood Empire Veterinary Medical Association Pet Loss Support Group

Phone: 707-888-8448
Email: psbandrox@aol.com
Information: Virtual support group meets daily, excluding holidays.
<https://redwoodempirevma.org/pet-loss-support-group-2/>

Sacramento SPCA Pet Loss Support Group

Email: Contact form available online.
Information: Offers monthly meetings via Zoom.
<https://www.sspca.org/petloss>

Schwarzman Animal Medical Center Pet Loss Support Group

Information: Offers bi-monthly virtual meetings. Registration online.
<https://www.amcny.org/pet-loss-support-program/>

The University of Tennessee Institute of Agriculture Pet Loss Support Group

Phone: 865-755-8839
Information: Group meetings are held monthly via telehealth.
<https://vetsocialwork.tennessee.edu/pet-loss-support-group/>

